

# QUESTIONS

## WEEK THREE



**STARTING OVER**  
when it's time to let go, and let God

1. When have you ever felt “out?” How do you identify with Ruth at the beginning of her story?

2. When have you ever felt “in?” What did it feel like to belong? To be the right girl, the right family, the right culture, the right country, at the right time?

What did you have to do to make that happen?

3. Read Hebrews 13:20–21. What makes you strong?

4. Read Ephesians 3:20–21. What makes you strong?

5. Read Matthew 28:18–20. What makes Jesus strong?

6. Are you identifying with the name chayil—woman of valour? How hard is it to live out valour right now, in your “before” story? How would you like to be remembered in your “after” story?

7. Read Psalm 84:5–7. Where do you start your journey and where will it end?